

APPETIZERS

- BBQ'd Shrimp** 8.50
Bacon wrapped jumbo shrimp, char-broiled and basted with homemade sauce. Served on a bed of rice pilaf
- Spinach Artichoke Dip** Lg. 6.99 Sm 4.69
Tender spinach and artichoke hearts blended with an elegant cheese sauce, served with plenty of fried pita wedges for sharing.
- Jumbo Hot Wings** 7.50
Eight **HUGE** crispy deep fried wings, tossed with Hot, Medium, or Thai Chili Sauce. Served with celery and bleu cheese
- Crab Stuffed Mushrooms** 7.99
Jumbo mushroom caps stuffed with deviled crab and topped with melted cheddar and mozzarella
- Jumbo Shrimp Cocktail** 7.99
Beautiful gulf fresh shrimp served with our horseradish spiked sauce & lemon
- Chicken Tenders** 5.99
Chicken breast strips, deep fried, and served with a side of homemade BBQ sauce. **OR** dipped in wing sauce and served with celery and blue cheese
- Irish Nachos** 3.99
Crispy French fries topped with cheddar cheese, smoky diced bacon and scallions. Comes with a side of creamy ranch for dipping. Aye... you'll be liking 'em
- Laouanne's Pork Egg Rolls** 5.99
Homemade by our in-house egg roll expert! Served with spicy mustard and Thai Chili sauce. (Three) Order a la carte for 2.00 ea.
- Fried Mushrooms** 6.49
Jumbo mushroom caps freshly breaded and deep-fried, served with horseradish sauce.
- Vegetable Platter** Lg. 7.49 Sm. 5.49
Served with a delicious sauce for dipping. Your choice of raw, steamed or fried.
- Garlic Cheesebread** 3.79
Thick sliced French bread grilled with garlic, topped with mozzarella cheese and broiled until golden
- Mozzarella Cheese Sticks** 5.99
Freshly breaded and deep-fried cheese strips accompanied by a thick, spicy Marinara sauce
- Breadsticks** 2.99
Four warm breadsticks brushed with garlic butter and served with cheese and Marinara sauce for dipping ½ Order **1.89**
- Soup of the Day** cup 2.99 bowl 3.99
Always delicious and prepared fresh. Ask about today's featured selections.

BRUNCH

- Eggs Benedict** 7.99
Split English muffin topped with Canadian bacon, two poached eggs, topped with hollandaise sauce and served with hash browns or fresh fruit cup
- Florentine Benedict** 7.99
Grilled English muffin topped with steamed spinach, two poached eggs and Hollandaise. Served with hash browns or fruit cup
- Crabcake Benedict** 8.79
Two crabcakes topped with poached eggs and Hollandaise sauce. Served with fresh fruit cup or hash browns

Omelettes

- Cheese** 6.99
Ham & Cheese 7.79
Western 7.99 Ham, cheese, diced vegies
Greek 7.49 Diced tomato, feta, black olives
All omelettes are prepared with three eggs and served with hash browns or fruit cup and a muffin.

PARK FARE

Lunch Baskets:

- BBQ Pork Sparerib** Mild or Spicy 9.99
Chicken Wing Hot, Med. Thai Chili 8.49
Chicken Breast Strips 7.99
Beer Battered Shrimp 8.49

Includes french fries, cole slaw & garlic toast (Substitute any other side .50 each)

Triangle Park Light Plate 5.99

Featuring our char-broiled Mediterranean style ground Turkey Burger pattie along with an assortment of fresh vegetables and a side of our creamy Ranch Salsa.

Oriental Chicken and Vegetable Stir Fry 7.99

Nicely trimmed chicken breast strips sauteed in an Oriental ginger-garlic sauce. Tossed with vegetables and served over a bed of white rice. Comes with a Crab Rangoon.

Quiche Triangle Park 7.69

Prepared daily with the freshest ingredients. (Your server will describe today's recipe.) Served with fruit cup and a homemade muffin.

Stuffed Ciabatta 7.69

Fresh from our bakery ciabatta bread, filled with your choice of Tuna Salad, Chicken Salad, Hot Ham and Swiss deluxe, or Turkey Club deluxe. Served with your choice of Park salad, cup of soup, or fresh fruit cup.

As an independent restaurant we are able to prepare a meal to your exact specifications. If you have any dietary requests or concerns, please let our staff know so we may serve you better!

ENTREES

Each entree includes your choice of Soup or Salad, bakery fresh bread and your choice of potato or vegetable.
Doug B's stuffed potato as a side .59 extra Greek salad with entree 1.59 extra

- | | |
|--|--|
| *Prime Rib 13.49 1/2 Lb. slow roasted Iowa beef, served au jus. | *Chicken Vera Cruz 8.99 Tender breast of chicken, char-broiled, basted with homemade BBQ sauce, and smothered with sauteed tomatoes, onion and bell peppers. |
| *Filet Mignon 13.99 6 oz. The Aristocrat of steaks. Always tender. | *Icelandic Cod Fillet 9.99 A delicate fillet prepared your favorite way...deep-fried, pan-fried, Cajun blackened, or baked...each one delicious! |
| *New York Strip 11.99 8 oz. Nicely trimmed, perfect for lunch | *Gulf Shrimp 8.99 Crispy breaded shrimp deep-fried and served with cocktail sauce and lemon. |
| *Seasoned Sirloin 11.49 9 oz. Top Sirloin lightly seasoned | *Crab & Shrimp 9.99 Crab cake and shrimp make a great combo for lunch. Served with jalapeno tartar and horseradish cocktail sauce |
| *Hamburger Steak 8.99 Half pound, ground fresh daily, char broiled | *Select Beef Liver & Onions 7.89 Dredged in seasoned flour, sauteed and topped with grilled onion and Espagnole sauce |
| *Ham Steak 8.99 Thick sliced center cut Ossian ham | |
| *Herbed Chicken Breast 8.99 Marinated with herbs and spices and char-broiled | |
| Mesquite Pork Loin 8.99 1/2 Lb. medallions, char broiled, BBQ sauce | |

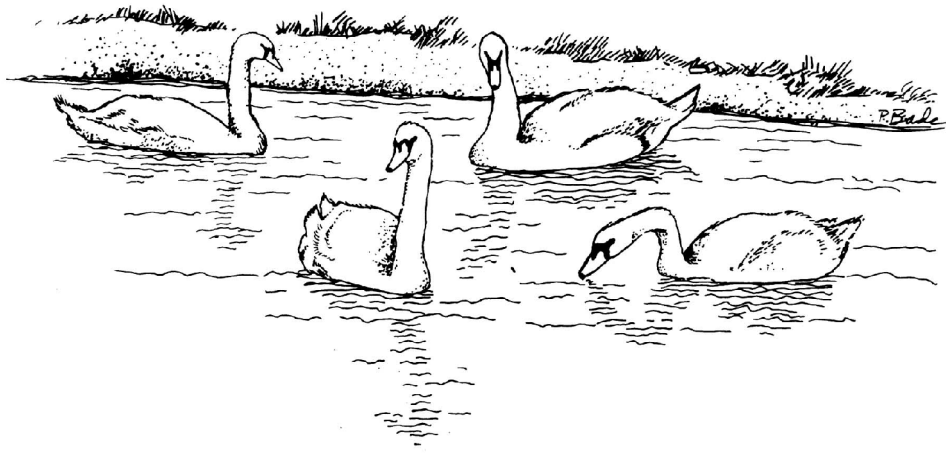


SPECIALTY STACKS

All specialty stacks are served with choice of Cole Slaw, French fries, Onion Rings
Cup of Soup or Vegetable du Jour

- | | |
|---|--|
| *Prime Rib 11.99 Our famous prime rib, top Iowa beef, slowly roasted to melt-in-your-mouth perfection, served open-faced, au jus. | *Big City Burgers 7.99 Eight ounces ground beef, char-broiled. Phili Burger grilled onion, peppers & swiss Detroit grilled onion, double American cheese Chicago grilled onion on an onion bun Hollywood lettuce, tomato onion, jack cheese Big Easy blackened, bleu cheese, grilled onion, and a fried egg on top |
| Strip Steak Sandwich 10.99 1/2 Lb. New York Strip served on grilled ciabatta bread with lettuce, tomato & red onion on the side | Crab Po Boy 8.99 2 crab cakes on a toasted Hoagy bun with shredded lettuce, red onion, and jalapeno tartar on the side |
| Southern Pulled Pork BBQ 6.99 Slow roasted barbecue served open faced on a bakery fresh cibatta bun | *Fish Sandwich 7.99 A large fillet, batter-dipped and fried until golden brown, served on a deli roll with shredded lettuce, cheddar cheese and tartar sauce. |
| Turkey Club 7.49 A triple-decker of turkey, bacon, tomato, lettuce and mayonnaise served on toast. | Hot Mc Curdy 6.99 Sliced turkey breast and ham, sauteed tomato and onion, cheddar cheese and bacon make up a dandy sandwich...served open-faced on an English muffin. |
| *Chicken Breast Sandwich 7.99 Lightly breaded, deep-fried. Topped with bacon & cheddar cheese, with lettuce, tomato, red onion and mayonnaise on the side | *Pork Tenderloin 6.99 Grilled or Deep-Fried. Lettuce, tomato and mayo on the side. |
| Classic French Dip 7.99 Our slow roasted Prime rib, shaved thin, served on a deli roll with a side of au jus for dipping. Oui, it's a good sandwich! | |
| Reuben 7.99 Corned beef, kraut and Swiss cheese stacked high on grilled rye with 1000 Island on the side. Served open faced | |

May be prepared Heart Healthy



CHILDREN'S MENU

For children 12 and under, please!

Hamburger, or Grilled Cheese with one side and Drink 3.99

Children's Dinners

You know what you like, here's how to get it!

Pick entree and any two sides for 4.75, three sides for 5.75, four sides for 6.75

Entrees

Chicken Strips
***Hamburger Steak**
Fish Fillet
Popcorn Shrimp
Macaroni & Cheese
Spaghetti & Meatballs

Sides

Soft drink or milk, French fries, baked potato, vegetable, rice pilaf, onion rings, macaroni & cheese, jello, apple sauce, strawberry yogurt, or single dip ice cream.



BLUE PLATE SPECIALS 7.99

Hot and ready to go, prepared daily with the freshest ingredients. While supply lasts!

MONDAY Pan Fried Pork Chop, country style, (bacon & onion) scalloped potato, vegetable

TUESDAY Raspberry-Pecan or Honey-Walnut Chicken Breast, rice pilaf and vegetable

WEDNESDAY German Roast Pork Loin, REAL mashed potatoes & saurkraut

THURSDAY Homemade Meatloaf, REAL mashed potatoes, and vegetable

FRIDAY Chef's Choice Seafood Special

Add a cold side or soft drink to your lunch special for \$1.00 ea.!



BEVERAGES

Pepsi Caffeine Free Diet Pepsi Mountain Dew Dr. Pepper Sierra Mist Mug Root Beer
Lipton Lemonade and Raspberry Tea Fresh Brewed Tea Cadillac Coffee

Fruit Smoothies

Made with Premium Island Oasis ingredients

Raspberry, Peach, Banana, Wildberry, Strawberry 2.95

* Consuming raw or under cooked meats, poultry or seafood
 may increase your risk of food borne illness

SENSATIONAL SALADS

Shrimp Chop Chop Salad 7.99 (mini 5.99)

Fresh Iceberg and Romaine lettuce, chopped cucumbers, tomato, and hard cooked egg, with cheddar and mozzarella cheese. Topped with crispy popcorn shrimp. Honey-mustard dressing on the side

Italian Insalada 6.99 (mini 4.99)

Romaine and Iceberg lettuce, fresh grated Parmesan, scallions and sweet peppers, all tossed with our house made Dressing. Comes with a garlic breadstick

Warm Chicken Caesar 7.89 (mini 5.99)

Sauteed diced chicken breast, fresh mushrooms, romaine lettuce, croutons and Parmesan cheese tossed with a light Caesar dressing

Spinach Salad 7.89 (mini 5.99)

Garden fresh spinach, sliced mushrooms, hard-boiled egg, alfalfa sprouts & crisp diced bacon finished with a ladle of rich Paris dressing

Cobb Salad 7.99 (mini 5.99)

We start with fresh Iceberg and Romaine lettuce, toss in tomato and egg, & top with toasted almonds, fresh bleu cheese, and sauteed chicken & bacon. Served with Honey-mustard dressing on the side.

Chef s Salad 7.79 (mini 5.99)

When you're hungry enough for a dinner, but you only want a salad... best make it a chef

Seafood Pasta Salad 7.99

White meat tuna, seashell pasta, shrimp and more make this salad not only tasty, but filling and nutritious.

Chicken Walnut Salad 7.49

A grand cold plate production.. too good to stuff in a tomato, served with a scoop of cottage cheese or fruit.

Greek Salad 6.99

Mini-Greek 5.49

Lots of feta cheese, beets, olives peppers, and more have made this salad an Old Gas House favorite since 1957.

Soup & Salad Express 6.29

Our garden fresh Park Salad, cup of Soup Du Jour, and two warm breadsticks

Fresh Fruit & Yogurt Plate 6.99

Creamy yogurt & fruits of the season served with a warm muffin

Garlic Cheese Bread 3.79

French bread grilled with garlic butter, topped with mozzarella and toasted golden brown

Breadsticks

With Marinara & Cheese Sauce

Four Breadsticks 2.99

Two Breadsticks 1.89

SANDWICHES

BLT 3.79
Bacon, lettuce, tomato and mayo on toast

Charburger 3.75
With Cheese 3.99
Choice ground beef char-broiled and topped with lettuce and tomato on a fresh roll

Turkey Burger 3.99
Ground white meat turkey, flavored Mediterranean style with pepper & garlic. Served on a wheat deli roll with lettuce, tomato, & our homemade ranch salsa.

Corned Beef and Swiss 4.49
A classic deli sandwich, served deluxe on rye bread with horseradish sauce on the side

Grilled Cheese 2.69
Served with a dill spear

Grilled Ham & Cheese 3.99
Served hot on homemade french bread, with a dill spear and a side of hot mustard

Tuna or Chicken Salad on Toast 4.29
With leaf lettuce and a dill spear

Soup and Sandwich

A cup of soup with any sandwich add 1.99



SIDES /A LA CARTE

Park Salad 3.29
Choice of dressings: French, 1000, Blue Cheese, Poppy Seed, Ranch, Raspberry Vinaigrette, Lo-cal Ranch or Lo-cal Italian

Small Caesar Salad 3.29
Romaine lettuce, fresh grated parmesan and croutons, tossed with a light caesar dressing

Ranch Slaw 1.79

French Fried Potatoes 1.99

Mashed Sweet Potatoes 2.79

Homemade Onion Rings 3.49

Doug B's Stuffed Potatoes 3.29

Vegetable of the Day 2.79

Baked Idaho Potato 2.79

Mac & Cheese Lg. 2.79 Sm. 1.79

Cottage Cheese 2.79

Fresh Fruit Cup 2.99

Bread Basket (8) 1.79

Bread or Muffins (2) .50